

The Journey Begins

Infant/Wobbler Needs & Services Plan

**Child's Information**

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent's Name \_\_\_\_\_

Date Reviewed \_\_\_\_\_

Estimated Arrival Time \_\_\_\_\_

Estimated Departure Time \_\_\_\_\_

Siblings & ages: \_\_\_\_\_

**Feeding Plan:** *Parents are responsible to provide all food and/or purchase the monthly snack program for \$30.00 per month for Infants/Wobblers and \$40.00 for Toddlers.*

- I will participate in snack program       I will provide ALL food and snacks for my child

**Liquids:**

Child is to be fed the following:

- Breast Milk
- Formulas-Brand \_\_\_\_\_
- Milk-Special \_\_\_\_\_
- Milk-Whole

**Child now uses:**

- Bottle-How often & when \_\_\_\_\_
- Cup-How often & when \_\_\_\_\_

What age do you plan to introduce your child to:

- Cup \_\_\_\_\_

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**Solid Foods:**

Child is currently on solid foods?  Yes  No

Child can feed self?  Yes  No

Do you plan on introducing your child to solid foods?  Yes  No

Child now uses:

- Spoon
- Fork

What age do you plan to introduce your child to:

- Spoon \_\_\_\_\_
- Fork: \_\_\_\_\_

**Food Group Age Specific Food Consistency:**

**Breads & Cereals**

- Strained
- Chopped
- Whole

**Vegetables**

- Strained
- Chopped

**Fruits**

- Strained
- Chopped
- Whole

**Meats**

- Strained
- Chopped

Whole

Whole

Special instructions from child's pediatrician relating to diet: \_\_\_\_\_

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(It may be necessary for the family to provide the instructions on letterhead from the pediatrician's office with the doctor's signature.)

### **Feeding Schedule**

How many ounces or cups per day? \_\_\_\_\_

Breast Milk: \_\_\_\_\_ Formula: \_\_\_\_\_ Milk: \_\_\_\_\_

Water/Juices: \_\_\_\_\_

Approximately what time do you usually offer your child solid foods? \_\_\_\_\_

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Healthy foods child likes: \_\_\_\_\_

Foods child dislikes: \_\_\_\_\_

### **Food Allergies**

List food allergies: \_\_\_\_\_

List any other type of allergies \_\_\_\_\_

Allergy special instructions: \_\_\_\_\_

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### ***Sleeping Patterns/Sleeping Scgedule:***

Does your child take a nap in the morning?  Yes  No

Approximately what time? \_\_\_\_\_

Usually how long? \_\_\_\_\_

Does your child take a nap in the afternoon?  Yes  No

Approximately what time? \_\_\_\_\_

Usually how long? \_\_\_\_\_

Does your child use any transitional objects (blankets, pacifier, etc.)  Yes  No

If yes, what objects? \_\_\_\_\_

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\*Please consider bringing a family picture and/or a lovey as this often helps with transition.

### ***Medications:***

Medication(s) taken (including inhaler/EpiPen): \_\_\_\_\_

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How often: \_\_\_\_\_

**Diapering And Toilet Learning Plan:**

Infants and Wobblers will be checked frequently and will be kept clean and dry. During arrival, the family will complete a diaper check before the family departs. Each family is required to provide the center with diapers, ointments and specific wipes if desired.

Child uses:

- Disposable Diaper-Brand \_\_\_\_\_
- Wipes-Brand \_\_\_\_\_
- Training Pants-Brand \_\_\_\_\_
- Potty Chair \_\_\_\_\_
- Toilet \_\_\_\_\_

Any other products which family will supply to be used on your child \_\_\_\_\_

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Special Instructions \_\_\_\_\_

Notes:

1. Our program does not authorize the use of powder in our center.
2. A completed Non-Prescription Medical Instruction, Consent and Waiver form on file for the use of topical, diaper ointments)

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***This form is required to be updated each semester as your child's needs change and reviewed with parent/guardian prior to being signed and approved by persons listed below. The family will receive a copy of the updated plan each semester.***

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Parent/Guardian Signature

Date

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Primary Caregiver Signature

Date

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Director Signature

Date